

Heart Mender Pillow Case

The finished pillow is 11 x 15

Flannel fabric

1. Cut flannel 12 inches wide by width of fabric.
2. Generously trim off selvages on each end.
3. Hem each narrow end with $\frac{1}{2}$ inch shirt tail hem, (fold $\frac{1}{2}$ inch then fold over again and straight stitch) or surge then turn under $\frac{1}{2}$ inch sew down using a straight stitch.
4. With right sides together – turn up one narrow end approximately 12 to 13 inches and turn up the other narrow end approximately 10 inches overlapping the ends leaving enough for a 15-inch side on pillow. This will make a 15 inch long by 12-inch-wide rectangle.
5. Sew side seams with $\frac{1}{2}$ inch seam. The finished size of pillow is 11 x 15.
6. Finish side seams with zig zag or surge. Turn right side out.
7. Wash and dry pillow case then enclose in a plastic sandwich size zip lock bag.

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